

# SERVICES

## MONDAY

£30 - Acupuncture  
£30 - Ear Wax Removal Via Irrigation  
£Various - Hair salon

## TUESDAY

Hands On Pain and Stress Relief Treatments:

£55 Massage 60 min appointment  
£30 Clothed treatment 30 mins

£20 - Nail Clinic  
£various - Hair Salon

## WEDNESDAY

£20 Nail Clinic  
£32 - Chiropody  
£Various - Hair Salon

## THURSDAY

£32 - Chiropody  
£20 - Nail Care  
£various - Hair Salon

## FRIDAY

£25 - Reiki  
£various - Hair Salon

All of these services are by booking only

Please note,  
sometimes due to unforeseen circumstances  
some of our services may not be running.

The Venton Centre - Junction Road - BN21 3QY  
info@ageconcerneastbourne.co.uk  
ageconcerneastbourne.org.uk  
(01323) 638474